

PACKING LIST: PRE-COLLEGE STUDY ABROAD – ROME

WHAT YOUR ROOM INCLUDES

- Twin bed
- Storage (e.g. dresser, closet, etc.)
- Linens (towels, sheets, blankets, pillow)
- Air conditioner
- Desk
- Shades, curtains, or blinds
- Laundry detergent if you want to wash and re-wear some of your clothes

LUGGAGE GUIDELINES

Your airline ticket includes **one (1) checked bag** (up to 62 inches in size, 50 lb. weight limit), **one (1) carry-on suitcase** (22 x 14 x 9 inches), and **one (1) personal item** (e.g. backpack or tote). Please make sure that you can manage your bag(s) on your own. Wheeled suitcases are recommended! Elevators/escalators are not always available in Italy, and your classmates and chaperones will be unable to help you with your bags! Pack efficiently!

THINGS TO BRING

This list is a general overview of items that typically are used in a residence hall room. This is not an all-inclusive list; if you are unsure about an item, please contact the Pre-College Programs office at precollege@temple.edu.

Personal Care

Please adhere to TSA guidelines regarding liquids (e.g. no liquids larger than 3.4 oz each, fitting in a quart-sized plastic bag) for any carry-on luggage.

There are no size limits for checked bags.

- Contact lens supplies and/or glasses
- Shampoo and conditioner
- Body wash
- Deodorant
- Sunscreen
- Lotion
- Toothbrush and toothpaste
- Hand sanitizer
- Other toiletries (e.g. makeup, etc.) if desired
- Sunglasses
- First-aid supplies (band-aids, etc.)
- Plastic bag to protect toiletries in suitcase
- Menstrual hygiene items, if applicable
- Medications/prescriptions, if applicable, including inhalers

Travel

- YOUR PASSPORT
- Printed copy of your airline ticket
- Books or things to do on the plane
- Neck rest for overnight flight
- Dramamine for motion sickness, if desired
- Compression socks, if desired
- Snacks

Clothing

- One outfit in your carry-on luggage, in case there is a delay with your checked bag arriving
- Casual outfits for warm weather*
At least one modest outfit where your shoulders are covered. Shorts or skirts must be down to the knee. This is for visiting sacred spaces like the Vatican.
- Sweater or jacket
- Rain jacket with hood (or small umbrella)
- Bathing suit and coverup
- Pajamas
- Socks
- Undergarments
- Hat
- Two pairs of comfortable shoes that you can walk in, like:
 - Closed-toe shoes (e.g. sneakers)
 - Sandals (flip flops are NOT recommended, except for the beach trip)
- Packing cubes may help you compress some of your items and fit more in your suitcase

Technology

- Headphones
- Cell phone
Please check with your wireless provider about international rates; plans may vary. Complimentary Wi-Fi is available on campus and in the residence hall, so data plans would

only be needed for access to the internet and phone calls while out and about.

- Tablet, if desired
- Chargers
- Outlet adapter

Note that voltage is different in Italy, and you will not be able to plug your chargers into an Italian outlet without an electric adapter like [this one](#). This kind of adapter will work for phones, tablets, etc. It will NOT work for hair dryers, straighteners, etc.

For Classes and Trips

- Notebook
- Small bag with a zipper, ideally a cross-body or fanny pack, for your wallet, phone, etc.

Other

- Cash and/or pre-paid credit or debit card
We recommend contacting your bank in advance to do a currency exchange. The currency in Italy is the Euro.

THINGS TO LEAVE AT HOME

- Laptop
- Hairdryer
- Hair straightener
- Curling iron
- Excessive amounts of cash
- Valuables, like jewelry
- Weapons, alcohol, drugs, or anything else on the [TSA's prohibited items list](#)

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